

# CORONAVIRUS REGULATIONS FOR STUDENTS

For yourself, for each other

## Symptoms?



Do you have symptoms such as a cold, cough, sore throat, fever or loss of taste and smell?

Yes  No 

You do not need to get tested.

1

## Making a test appointment



Stay at home in isolation and make an appointment to get tested via the Municipal Health Service (GGD): online via [coronatest.nl](https://coronatest.nl) or by calling +31 (0)800 1202.

2

## Getting tested at the test location



Go outside only to get tested.

3

## Result



Stay at home in isolation until you receive your test result. The GGD will try to process your result within 48 hours. Log into [coronatest.nl](https://coronatest.nl) to receive your result.

4

## I don't have the coronavirus:

No need to stay at home. You do need to stay at home for 10 days, if you have been in close contact with a corona infected person.

## I have the coronavirus:

- The GGD will call you with your result, immediately begin contact tracing and tell you what to do next.
- You should stay in isolation for at least 7 days from the moment that you began experiencing symptoms. You may only stop self-isolating if you have not experienced symptoms for 24 hours.
- All of your house mates must stay at home for 10 days and only get tested if they are experiencing symptoms.
- Always maintain 1.5 metres between yourself and others.

## Handy tips if you have the coronavirus

- Use your own shower and toilet (not used by others). If this is not possible, clean these often.
- Ask others to do your grocery shopping.
- Have your food delivered to your room.
- For yourself and your house mates: stay inside and do not receive visitors. You may sit on your balcony or in your garden with your house mates, as long as you maintain 1.5 metres from one another.